

Maharani Lakshmi Ammanni College for Women Autonomous

Affiliated to Bengaluru Central University
Re-accredited by NAAC with "A" grade, Recognised by UGC
under Section 2(f) and 12(b) of the UGC Act 1956
Conferred the Status of 'College with Potential for Excellence' by UGC

Title: Awareness Programme on Women Empowerment

Date: 28th August 2018

Number of Students Participated: 400

Ms. Divya and Mr. Neeraj advocates from Nisargapeksha an NGO which works on women empowerment were invited for an awareness program on August 28, 2018 for the benefit of the students. They addressed the students on consumer rights and women centric issues like acts related to dowry, right to education and employment. Around 400 students had the opportunity to interact with the resource persons.





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Principal
Maharani Lakshmi Ammanni College
for Women, Autonomous
Science Post, Bangalore - 560 012.

Shalkel. A



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Title: Martial arts training

Date: 28th August 2018

Number of Students Participated: 140

There was a demonstration of "self defence techniques" by Ms. Aishwarya who is a black belt holder in kick boxing along with her team named "TIT FOR TAT" for the students on August 28th at Dr. K.N.V. Sastri Auditorium from 3 to 5:30 pm. Around 140 students actively participated and learnt basic techniques in the training program like

- kick boxing,
- taekwondo,
- muay thai,
- karate
- kung fu.

This motivated students to undergo training in atleast one form of martial arts for their self defence.







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Title: Art and craft professional training

Date: 15th September 2018

Number of Students Participated: 400

WDC collaborated with FEVICRYL one of the brands of Pidilite Industries Ltd. FEVICRYL has been working with women who have a passion for art and have helped convert some of them into successful professionals or "artepreneurs". They conduct CERTIFICATE COURSE known as "Art & Craft Professional" for hobbyist on the various techniques in art and craft, providing them with latest trends in the Hobby arts and crafts sphere.

In this regard five training sessions were conducted (each sessions was for $2\frac{1}{2}$ - 3 Hrs) on Saturday afternoons from 1:30 onwards to enable students to attend the program without missing their classes. Program started on August 18^{th} 2018 and concluded on September 15th 2018.

The training program was free and students learnt fabric painting techniques of different forms namely

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- Madhubani
- Tie and Dye
- Block printing
- Kalamkari
- Meenakari
- Shilpakar jewellery making

Two resource persons Smt. Anuradha and Smt. Gowri conducted the training programs successfully.

Around 66 students from various streams actively participated and benefitted by this program. Ms. Chandana P. (I year M.Sc., Biotechnology) and Ms. Aishwarya R. Yadav (II B.Sc., BCZMB) have been shortlisted as best performers and will be receiving prizes from FEVICRYL. They will undergo free internship at FEVICRYL.

Participation certificates have been issued to the participants from FEVICRYL.







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